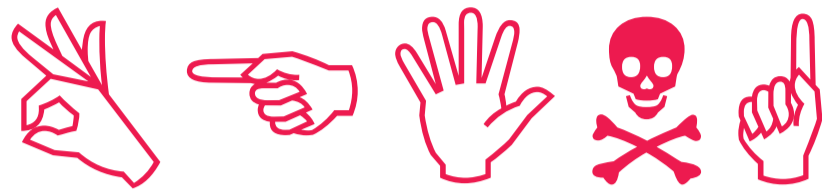


HOW TO RESIST *BEING WHITE*



A manual for White Resistance

1. **RESIST TO BELIEVE**
YOUR NAME IS IMPORTANT
2. REVIEW YOUR OWN PRIVILEGES
3. **RESIST TO BELIEVE**
YOUR INTERESTS COME FIRST
4. RESEARCH COLONIALITY
5. **RESIST** TO YOUR DESIRE
TO BE RICH
6. REALIZE THAT YOU BEING WHITE, THE ONLY
THING YOU HAVE TO RESIST, IS YOURSELF

Manuela Illera, Bogotá, Colombia 1988.

As an interdisciplinary artist, her approach includes the research of several techniques and media to develop her artistic practice both individually and in collectives. The treatment of her work is directly influenced by parallel projects in various fields such as stage design, music production, and sound design for films and performances.

She has worked with the Bavarian Opera in Munich and more recently as an artistic collaborator and painter in three theatre and opera productions with the renowned Berliner director Ersan Mondtag.

The conceptual development of her projects includes sculpture, painting, video, music, and installation. This quest to unite multiple disciplines is intended to convey a political message.

She is currently producing and directing EXTRAVAGANT MORTALS a podcast of art, culture, and social studies, engaged in in-depth sound research.

Illera's artistic patterns are determined by the intersection of her experiences as a woman, artist, musician, and immigrant.

Today she studies at the Academy of Fine Arts in Munich
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Podcast Link:

<https://soundcloud.com/user-498612280/extravagant-mortals-pcast-ableism-and-disability-yes-we-fuck-yes-we-love-yes-we-live>